

IGH

Sonnenhof

Institute for Holistic Healing Methods

The Farm Constellation

The Consultant

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Farm Constellations in more Detail

Animal and farm constellation work is based on the same principles as all systemic constellation. It being used very successfully in organisations and companies all over the world to 'untie' knotty problems and find new approaches and paths for development.

This pragmatic and effective form of therapy finds solutions often in one session. These can have a profoundly positive effect on the enterprise as a whole and the families living there.

The challenges faced by agricultural enterprises today are more varied and greater than ever before. The changed economic situation as well as the long chain of inheritance from generation to generation are at the heart of this development.

The problems and experiences of earlier generations are passed on through time and become a burden that stands in the way of running the enterprise efficiently today.

Q & A on Systemic Structural Constellation

What is a Systemic Structural Constellation?

Systemic structural constellation is a branch of systemic constellation. It is based on the premise that the constellation does not represent systems but only structures within systems.

The process of a Systemic Structural Constellation

Special features of Systemic Structural Constellation

o why undertake a Farm Constellation?

An animal or farm constellation is especially useful in the types of situations listed below (in which it has also been proven to be a successful approach in the past):

- You have existential issues in the running of your enterprise and are looking for new ways to generate revenue to ensure the profitable development of your farm
- There is a current generation problem – the constellation will enable you to understand the complexities of the situation and regain order and clarity
- You want to increase revenues but avoid overstretching (and ultimately depleting) your current resources. We will help you find ways to improve profitability without a negative effect on your land or your animals

Farmers' Working Group

Initiated by Cornelia Labandowsky, Michaela Gimm (alternative animal health practitioner) is now at the centre of a farmers' working group. This group gets together regularly to exchange experiences and ideas.

If you are interested in more information about this group, please [contact us](#).

Seminar locations for animal and farm constellations

West coast Schleswig-Holstein

Animal and farm, constellations take place in Neukirchen/Rodenäs.

East coast Schleswig Holstein

Animal and farm constellations for this area (including Kiel, Flensburg and Angeln) are offered at the Institute's Sonnenhof in Schwackendorf, Angeln.

Accommodation options for longer seminars

The usual duration for this type of seminar is one or two days. If you are arriving from further away, we can arrange accommodation for you.

Please just ask!

Dates for animal and farm constellations

Here you will find an overview of the upcoming animal and farm constellations of the IGH Sonnenhof.

www.igh-sonnenhof.de/termine aktuell

Views of part participants

Like a play in the theatre...

It was as if I could see my whole life played out on a stage. Since then, I have revamped my stables and planted new produce.

When we decided to go for a constellation, we were virtually insolvent. Now, we are looking to employ another member of staff.

(A happy farmer from Angeln)

Rediscovering resources

I planned to build a new stable to make things easier for my son, but the financial burden was considerable. Going through the constellation made me see the risks and able to judge them more clearly. I could also suddenly see resources I already had, but to which I had never paid any attention. Today, the stable has been built and everything is running like clockwork.

(A farmer from Flensburg)

Changing perspective

I married into a very old farm and the constellation really brought home to me how much history there is, it gave me respect for those who have gone before me.

They built up the farm and we are continuing their work. What an honour. Before, it was just an old pile of bricks and far too much work. Now I feel completely differently about it.

(Farmer from Niebüll)

Information for Download

Please note:

The following documents are available in .pdf format. To read them, you need Adobe Reader which you can download [here](#) free of charge.

Cornelia Labandowsky

Cornelia Labandowsky is an alternative health practitioner, a DVNLP trainer's trainer and teaching coach, an NLP Master Trainer (IN), a Coach Master Trainer (ICI), and a couple and family therapist (DGSF).

She has been leading her own practice in natural healing methods and psychotherapy, with an emphasis on chronic conditions, for 19 years. In parallel, she heads the IGH Institute for Holistic Healing Methods in Schwackendorf.

The IGH Sonnenhof provides a space in which patients and clients can open up to the possibilities of change and to become aware of what disturbed their balance in the first place. Mentally, spiritually and physically.

In her treatment, Cornelia Labandowsky uses holistic healing methods which work on all of these levels.

Through many years' training and her close cooperation with the SySt Institute she has found ways of applying systemic constellation to farms and other agricultural enterprises, revealing and solving their specific issues and complexities.

Cornelia Labandowsky is also a member of the team setting up the Third NLP World Congress in 2012, in Croatia.

You have questions?

You have not found all the information you need about the subject of Farm Constellations? Please get in touch and we will be happy to help.

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